



# WARRIORS ATHLETICS CAMP ITINERARY

**Sunday, August 26<sup>th</sup>**

8:00pm

Welcome devotional; Camp rules;  
Turn in all cell phones  
Room assignments  
Unpack



10:00pm - 11:00pm

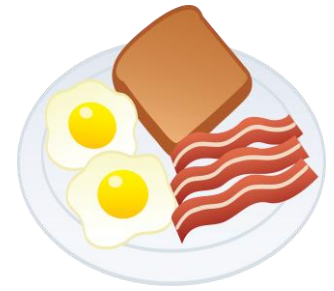
Bonfire: Worship & Word

11:00pm

Camp quiet time/Lights out



# Monday, August 27<sup>th</sup>



7:30am Wake-up  
8:30am - 9:30am Breakfast  
9:30 - 10:00am Morning Devotional



10:15 - 10:45am Morning conditioning for all teams - Coach Mazon  
11:00 - 12:15pm Skills & Conditioning with individual coaches

12:30 - 1:30pm Lunch

1:45 - 3:00pm Skills & Conditioning with individual coaches

3:00 - 5:00pm Swimming/Canoeing or Tubing Activities  
Free Time



5:30 - 6:30pm Dinner  
7:00 - 8:30pm Evening *GROUP* sports  
Soccer & Basketball  
**\*ALL PARTICIPATE**



8:30 - 10:00pm Bonfire: Worship & Word

10:00 - 10:45pm Group Games  
Overlook meeting room/main lounge

11:00pm Camp quiet time/Lights out



## Tuesday, August 28<sup>th</sup>

7:30am Wake-up  
8:30am - 9:30am Breakfast - White Hall  
9:30 - 10:00am Morning Devotional  
Overlook meeting room/main lounge



10:15 - 10:45am Morning conditioning for all teams

11:00 - 12:15pm Skills & Conditioning with individual coaches

12:30 - 1:30pm Lunch

1:45 - 3:00pm Skills & Conditioning with individual coaches



3:00 - 5:00pm Swimming/Canoeing or Tubing Activities  
Free Time



5:30 - 6:30pm Dinner

7:00 - 8:30pm Evening *GROUP* sports - Sand Volleyt

**\*ALL PARTICIPATE**



8:30 - 10:00pm Campfire/Worship

10:00 - 10:45pm Group Games  
Overlook meeting room/main lounge

11:00pm Camp quiet time/Lights out



## Wednesday, August 30<sup>th</sup>

7:30am Wake-up

8:30am - 9:30am Breakfast - White Hall

9:30 - 10:00am Morning Devotional  
Overlook meeting room/main lounge



10:15 - 10:45am Morning conditioning for all - Coach Mazon

11:00- 12:15pm Skills & Conditioning with individual coaches

12:30 - 1:30pm Lunch

1:45 - 3:00pm Skills & Conditioning with individual coaches



3:00 - 5:00pm Swimming/Canoeing or Tubing Activities  
Free Time



5:00 - 5:30pm Pack up/move all luggage to side of building  
for loading

5:30 - 6:30pm Dinner

6:30 - 7:00pm Load up bus

7:00pm Depart

