

Dear Parents:

God bless you!

Warriors Athletics is excited to be hosting our 4th Annual Athletics Conditioning/Skills building Camp. ***This camp is open to ALL students in 9th – 12th grades who will be participating in any 2018/2019 Warrior Sport.***

Here are some important facts to know about the camp:

Where:	Tuscarora Inn & Conference Center – Mount Bethel, PA
Dates:	Sunday, August 26th – Wednesday, August, 29th
Cost per person:	\$165.00 (includes stay, meals and transportation)
Deposit:	\$50 non-refundable due by Friday, July 28th.
Departure time:	8/26/18 – 6:30pm
Return time (approx.):	8/29/18 - 8:30pm
Extra Costs:	\$7 Canoeing; \$10 Tubing; Snacks from snack shop

This camp will specialize in conditioning the teams for their upcoming sports seasons. We will teach and practice skills as well as work on team building exercises. And, while it is important to become physically strong, our spirits also need to be fed. We will be taking time to nourish our athlete's spiritual growth through Christian discipleship. We will have daily and nightly devotional times as well as worship time.

At the start of the camp, all cell phones, lap tops, Iphone watches and Ipads will be collected. These will be returned to participants during their daily free time hours of 3pm-5pm only.

I will be directing the camp, as well as conditioning the athletes and training the volleyball players. Joining me will be our varsity coaches. In addition, Mrs. Richardson will be accompanying us as a chaperone, joining us to assist with the supervision of the athletes.

All athletes must pack a double set of athletic clothing for each day, including athletic sneakers. In addition, Soccer athletes are required to bring their shin guards, cleats and a soccer ball. Volleyball athletes must come prepared with their knee pads. Basketball athletes must bring their own ball, while softball/baseball players should bring their gloves and any other necessary equipment. No short-shorts or tight fitting clothing for the girls. Dress/casual clothing is not required as we will be spending most of our time conditioning. **No two piece bathing suits.** Attached is a packing list to help you prepare for the camp.

Additionally, attached you will find a preliminary itinerary. This is subject to change.

The \$50 non-refundable deposit is due by Friday, July 27th and can be paid via your RenWeb account. You will not need to come to the school in person to pay. The balance payment for the camp will be due by Friday, August 17th; this will be charged to and also can be paid via your RenWeb account.

Please be sure to have a current Sports Physical completed and handed in to the school office by Friday, July 27th. All athletics forms can be found at the ALA website, <http://www.abundantlifeacademy.net/docs.htm> . These forms are very important for student participation in sports teams. Please note that you need a SPORTS PHYSICAL, not just a regular medical physical.

If your child is interested in participating, please respond directly to me via email at mrs.mazon@gmail.com by Friday, July 27th. The Sports permission slip (please indicate all sports your child intends to play during the 2018/2019 school year) and Tuscarora Permission Slip are attached. You may print and fax these to my attention at [973-667-1278](tel:973-667-1278); they can also be mailed, or dropped off at the school office. Please be sure they are left to my attention.

Please note that all attendees represent Abundant Life Academy. Appropriate behavior will be expected. If an athlete fails to obey the rules and respect the camp, parents will be called and required to come and pick up their child.

I look forward to hearing from you all, and pray that your athletes are able to attend. Should you have any questions regarding the camp, please feel free to contact me via email at mrs.mazon@gmail.com.

If you wish to know more about the place we will be staying, please visit their website at www.tuscarora.org.

Thank you for your support.

In His Service,

Mrs. Mazon
Athletic Director/Volleyball Coach